


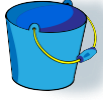
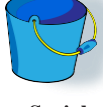


# Attachment Disruptions and Toxic Stress

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Attachment disruptions for infants and children are traumatizing events and create on-going intense feelings of stress, fear, internal disorganization, isolation, disconnection, grief, anger and despair. Children are not just 'moving' from one place to another, they are having their '*primary attachment caregiving system*' disrupted or disconnected; often leaving them with overwhelming feelings of abandonment, rejection, fear, loss and shame. Your goal is to start with the important basics, such as feeding, soothing, nurturing and then take it to the next level. ADDING pleasurable, loving experiences into each of these developmental areas.

These are the questions to consider:

- What will help the infant/child **feel** safe, secure and connected?
- What consistent, predictable and responsive **sensory-rich experiences** will help the child feel comforted, soothed, valued and connected?
- Who is **claiming** this infant/child's Attachment & Developmental Needs (Buckets)?
- What kinds of experiences does the infant/child **need** every day to attach, heal and thrive?

 Physiological Development	
 Emotional Development	
 Social Development	
 Cognitive Development	
 Conscience Development	