

JOURNEY TO HOPE



youth symposium

#IWillRise

SATURDAY, MARCH 21, 2020
 Tulare County Office of Education
 6200 S Mooney Blvd, Visalia, CA

Registration8:30 am - 9:00 am
Coffee & Lite Breakfast

Training 9:00 am - 3:30 pm
Lunch Provided

**- You Must Register to Attend -
 Registration is FREE**

This workshop is designed to support foster and adoptive parents and youth. Professionals who support families and children are also encouraged to attend. This training is rated PG13 due to content of topics. Youth under the age of 13 cannot attend. Also, please note there is no childcare provided.

For parents, caregivers, professionals, and community members register at the following link:
<https://tinyurl.com/wn38u3b>

For youth ages 13-21 register at the following link (This link is for youth only. Gift bags will be provided to all youth in attendance):
<https://tinyurl.com/womtzel>

You may also register by fax at 559-741-7368
 or by using the form below

This training is sponsored by



**Tulare County
 Office of Education**
 Tim A. Hire, County Superintendent of Schools



Our keynote speaker, MelRo Potter, is an internationally recognized speaker and children's advocate. She has inspired countless global audiences, promoting the healing of childhood trauma and working to support our youth. MelRo will share her story, which includes living in multiple foster homes, and her struggle with childhood trauma, shame, and unworthiness. Like a fairytale, MelRo was "discovered" and became a sought after professional model. MelRo will share her inspiring story of facing insurmountable odds and learning to discover her inner-beauty, strength, and purpose. Youth will also enjoy a break-out session with MelRo for a youth-focused conversation and Q&A.

Dr. Isaiah Pickens is a licensed clinical psychologist who uses science and entertainment to help others build lives full of meaning. He is passionate about helping people navigate the roller coaster towards healing and has traveled the country working with schools, hospitals, jails, foster care agencies, and families. In his break-out session for parents and professionals, Dr. Pickens will discuss the impact of early childhood trauma, toxic stress, and shame. He will help us come to a better understanding of our children's neurobehavioral challenges, giving us insight into brain based behaviors and beliefs. Dr. Pickens will share innovative tools to support family and child healing and steps to begin "unpacking" the trauma backpack.

Jamole Callahan aka "Mr. Motivator" will close out the day, inspiring us to leave ready to take on the world! Jamole spent 6 years in foster care before emancipating at the age of 18. At the end of his foster care journey he reached a home that changed his life and attitude, giving him a mindset of possibility. Jamole has traveled the country advocating for youth in foster care. He has successfully promoted legislation at both the state and federal level. Jamole will encourage and challenge parents and youth to level up their expectations, dreams, and actions to become who they are meant to be.

ASPIRANET.ORG • PHONE 559-741-7358 • FAX 559-741-7368 • 4128 S DEMAREE ST, STE B • VISALIA, CA 93277

Name _____ Adult Youth 13-21
 Job Title (if applicable) _____ Agency Name _____
 Phone _____ Email _____